Sylva L. Ashworth, D.C., the "Grand Old Lady of Chiropractic"

Joseph C. Keating, Jr., Ph.D. Professor Palmer College of Chiropractic/West

Carl S. Cleveland, III, D.C. President Cleveland Chiropractic Colleges

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Table 1a: Sylva Ashworth's professional (chiropractic)positions* and honors (1911-1920)

- 1911 Earns the Doctor of Chiropractic from Palmer School of Chiropractic on May 31
- 1913 Member, Board of Directors, Nebraska Chiropractic Association
- 1915 Incorporator, Nebraska Chiropractic Association
- 1918 Vice-President of the Universal Chiropractors' Association (UCA)
- 1919 Voted "Second most famous woman chiropractor in the country," Illinois Chiropractic Society
- 1920 Founder and first secretary, Nebraska Branch of the UCA

Table 1b: Sylva Ashworth's professional (chiropractic)positions* and honors (1923-1927)

- 1923 Secretary-Treasurer, Nebraska Branch of the Universal Chiropractors' Association (UCA)
- 1924-25 President, Nebraska Board of Chiropractic Examiners
- 1925-26 Vice-President, Universal Chiropractors' Association (UCA)
- 1926 President, UCA
- 1926 Re-elected Vice-President, UCA
- 1926 Vice-President, International Congress of Chiropractic Examining Boards
- 1927 Vice-President, Nebraska Branch of the UCA

Table 1c: Sylva Ashworth's professional (chiropractic)positions* and honors (1930-1938)

1930	Charter Member, National Chiropractic Association (NCA)
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- 1932 Member, Nebraska Board of Chiropractic Examiners
- 1932 Vice-President, International Congress of Chiropractic Examiners
- 1934-38 President, Nebraska Chiropractic Association
- 1937 Vice-President, Gavel Club of the NCA
- 1938 "Best Scientific Paper," NCA convention, Toronto
- 1938 Incorporator and Member, Board of Trustees, International College of Chiropractors

Table 1d: Sylva Ashworth's professional (chiropractic)positions* and honors (1939-1940)

1939	Vice-Chair, Gavel Club of the NCA
1939	Treasurer, Council of Chiropractic Examining Boards of the United States and Canada
1939-40	Member, Executive Board, Nebraska Chiropractic Association
1940	Member, Nebraska Board of Chiropractic Examiners
1940	Legislative Chairman, National Council of Women Chiropractors of the NCA

Table 1e: Sylva Ashworth's professional (chiropractic)positions* and honors (1944-1954)

- 1944-47 Founder and Executive Member, Chiropractic Research Foundation (today's FCER/Foundation for Chiropractic Education & Research)
- 1947 Vice-President, Chiropractic Pioneer Club of the NCA
- 1948 President, Chiropractic Pioneer Club of the NCA
- 1954 President, Chiropractic Pioneer Club of the NCA

Table 2: Sylva L. Ashworth's business, political and philanthropic memberships,positions* and honors (1924-1951)

- 1924 Alternate Delegate at Large, Democratic National Convention, New York City
- 1936 Delegate to the Democratic National Convention
- 1940 Vice-President, Belmont Community Center
- 1941 President, Lincoln Business & Professional Women's Club
- 1944 Delegate, Nebraska Democratic Convention
- 1944 Nebraska Democratic Committeewoman
- 1949 Honorary Citizen, Father Flanagan's Boys' Town
- 1951 Member, Order of the Eastern Star, Chapter 275, Lincoln, Nebraska