

**Sylva L. Ashworth, D.C.,
the "Grand Old Lady of Chiropractic"**

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**Presentated at the 12th Annual Conference on Chiropractic History
of the Association for the History of Chiropractic
October 24, 1992 at the
Los Angeles College of Chiropractic
Whittier, California**

Table 1a: Sylva Ashworth's professional (chiropractic) positions* and honors (1911-1920)

1911	Earns the Doctor of Chiropractic from Palmer School of Chiropractic on May 31
1913	Member, Board of Directors, Nebraska Chiropractic Association
1915	Incorporator, Nebraska Chiropractic Association
1918	Vice-President of the Universal Chiropractors' Association (UCA)
1919	Voted "Second most famous woman chiropractor in the country," Illinois Chiropractic Society
1920	Founder and first secretary, Nebraska Branch of the UCA

*Dates indicate minimum terms; actual terms may have been longer

Table 1b: Sylva Ashworth's professional (chiropractic) positions* and honors (1923-1927)

1923	Secretary-Treasurer, Nebraska Branch of the Universal Chiropractors' Association (UCA)
1924-25	President, Nebraska Board of Chiropractic Examiners
1925-26	Vice-President, Universal Chiropractors' Association (UCA)
1926	President, UCA
1926	Re-elected Vice-President, UCA
1926	Vice-President, International Congress of Chiropractic Examining Boards
1927	Vice-President, Nebraska Branch of the UCA

*Dates indicate minimum terms; actual terms may have been longer

Table 1c: Sylva Ashworth's professional (chiropractic) positions* and honors (1930-1938)

1930	Charter Member, National Chiropractic Association (NCA)
1932	Member, Nebraska Board of Chiropractic Examiners
1932	Vice-President, International Congress of Chiropractic Examiners
1934-38	President, Nebraska Chiropractic Association
1937	Vice-President, Gavel Club of the NCA
1938	"Best Scientific Paper," NCA convention, Toronto
1938	Incorporator and Member, Board of Trustees, International College of Chiropractors

*Dates indicate minimum terms; actual terms may have been longer

Table 1d: Sylva Ashworth's professional (chiropractic) positions* and honors (1939-1940)

1939	Vice-Chair, Gavel Club of the NCA
1939	Treasurer, Council of Chiropractic Examining Boards of the United States and Canada
1939-40	Member, Executive Board, Nebraska Chiropractic Association
1940	Member, Nebraska Board of Chiropractic Examiners
1940	Legislative Chairman, National Council of Women Chiropractors of the NCA

*Dates indicate minimum terms; actual terms may have been longer

Table 1e: Sylva Ashworth's professional (chiropractic) positions* and honors (1944-1954)

1944-47	Founder and Executive Member, Chiropractic Research Foundation (today's FCER/Foundation for Chiropractic Education & Research)
1947	Vice-President, Chiropractic Pioneer Club of the NCA
1948	President, Chiropractic Pioneer Club of the NCA
1954	President, Chiropractic Pioneer Club of the NCA

*Dates indicate minimum terms; actual terms may have been longer

Table 2: Sylva L. Ashworth's business, political and philanthropic memberships, positions* and honors (1924-1951)

1924	Alternate Delegate at Large, Democratic National Convention, New York City
1936	Delegate to the Democratic National Convention
1940	Vice-President, Belmont Community Center
1941	President, Lincoln Business & Professional Women's Club
1944	Delegate, Nebraska Democratic Convention
1944	Nebraska Democratic Committeewoman
1949	Honorary Citizen, Father Flanagan's Boys' Town
1951	Member, Order of the Eastern Star, Chapter 275, Lincoln, Nebraska

*Dates indicate minimum terms; actual terms may have been longer