

Chronology of Mental Health & Chiropractic

word count: 2,883

filename: Mental Health 11/15/97

Joseph C. Keating, Jr., Ph.D.
1350 W. Lambert Rd., Apt. 110, La Habra CA 90631 USA
(562) 690-6499; e-mail: JCKeating@aol.com

Color Code:

Red & Magenta: questionable or uncertain information

Green: for emphasis

Chronology

1910: Palmer (1910, p. 75) writes:

You will be interested in the Dr. **Story** case as it demonstrates what can be done, in a moment, by replacing a vertebra. During the doctor's mental aberrations he was treated by a very prominent healer who used Suggestive Therapeutics...Suggestion, however, did not replace the displaced 4th cervical vertebra, did not relieve the pressure on sensory nerves

1920 (July): *The Drugless Physician* (1[7]: 20), published by the **American Association of United Drugless Physicians**, headquartered at Spokane, Washington, publishes:

Prof. **Augustin Levanzin**, A.B., Ph.D., L.L.B., formerly lecturer on dietology at the College of Physicians and Surgeons (Boston, Mass.), has been for the last two years delivering educational lectures along drugless lines to large and intelligent audiences in Los Angeles.

Recently he delivered lectures, for a whole year, on dietology and dietotherapy at the **Los Angeles College of Chiropractic**, of which he is **the honorary dean**. At the same college he started on Wednesday, July 7, a complete course of lectures on psychology and psychotherapy, covering the whole field of normal, abnormal, new, practical and subconscious psychology and the most scientific and up-to-date methods of mental healing. The public is admitted to these lectures.

1922: "Sixth Annual Announcement of the **Eclectic College of Chiropractic**" at 321 South Hill St, LA; **photos of "Hill Street Building" and "The Clay Street Building"**; **photos of "Dr. Chas. H. Wood, DC, PhC"**, various faculty members, various rooms in the facility; "The technique taught is truly eclectic, embracing the best methods in adjusting evolved by the recognized authorities, together with Dr. Woods' own special technique"; **Fisk** is Chair of adjusting department (will soon become editor of *The Chirogram*...see 6/1/22; had taught "Nervous & Mental diseases, according to 1921 *Chirogram* Yearbook, p. 27, of ECC); pamphlet claims college clinics see "700 to 1000 patients adjusted daily" in 38 private rooms; each student must give 500 adjustments to graduate; "The regular course of instruction in the **Eclectic College of Chiropractic** covers a period of eighteen months or thirty six hundred hours of actual instruction"; **tuition** is the same for day school or night school: \$300, or \$450 for husband and wife; PhC "is conferred on all students who complete all subjects with a grade of 'A'"; "Every faculty member is a Chiropractor and give a Chiropractic interpretation to each subject" (ECC, 1922/SFCR Archives); administrators are:

1921-22: "Annual Announcement" of the **LACC**, at 951 (formerly 931) South Hill Street; DC degree on completion of 2,400 hour course, ND degree on completion of 200 additional hours, PhC degree after 3,200 hours, MC [Master of Chiropractic] after 4,000 hours including either a naturopathic internship at Dr. **Carl Schultz's Naturopathic**

Institute and Sanitarium [Schultz will be president of **California University of Liberal Physicians** on May 5, 1935, founded May 18, 1914] or a hospital internship at Dr. **Broadbent's** Hollywood Community Hospital, which includes "actual hospital experience in surgical and obstetrical cases"; notes that Dr. Cale, president, practices straight chiropractic (adjustments only), but students should be proficient in all "allied sciences"; SR Broadbent is an osteopath; **photos of class of 1912** (Linnie A Cale is pictured), **class of 1918**, (LACC, 1921-22/SFCR Archives); administration is:

-**Charles A. Cale**, ND, DC, PhC is President

-**George Starr White** MD, PhD LLD, DC, ND is "honorary dean"

-**Linnie A. Cale** DO, DC is "Vice-President of College, Superintendent of Clinic"

-Claude E. Sayere BSc, MA, PhD, "Instructor in Dietetics, Massage, Hydrotherapy and Psychology"

1922 (pre-Nov): **LACC's** "1922-1923 Announcement, Eleventh Year"; school is at 931 South Hill St, LA (LACC, 1922-23/SFCR Archives); **photos** of faculty and administrators; **photo** of college community "in front of the college on November 21, 1921"; no change in administration since 1921-22 *Announcement*; faculty are:

-Claude E Sayere BSc, MA, PhD, DC, ND "Instructor in Dietetics, Massage, Hydrotherapy and Psychology"

1924 (Oct 17): letter to **Roy S. Neal** from **Fred W. Collins** of the **Mecca College of Chiropractic & United States School of Naturopathy** and **Collins System of Painless Adjusting** at 143 Rosevill Ave, Newark NJ re: Neal's student inquiry; letterhead indicates a number of institutions "affiliated" with Mecca College, including: NJ School of Naturopathy, NJ School of Osteopathy, **NJ College of Chiropractic**, NJ College of Chiropractic & Naturopathy, American School of Iridology, National School of Neuropathy, Union School of Physical Culture & Gymnastics, Modern School of Electrotherapeutics, Newark School of Arts & Applied Psychology-Registered, American Academy of Medicine Inc., White Cross School of First Aid, American College of Spectro-Chrome Therapy Inc., American College of Electronic Reactions & Radio Activity Inc., Naturopathic Health School of Chicago (Cleveland papers, CCC/KC)

1929 (Aug): *The Chirogram* becomes *The Chirogram, The International Journal of Chiropractic* (pp. 1, 4); ad for Clear View Sanitarium at 1608 N Fair Oaks, Pasadena CA, an apparently chiropractic facility (p. 9); ad for George Starr White MD, PhD, DC, ND's book *Think, Un-Health or Prostatic Diseases* (p. 11)

1930 (Oct): *Chirogram* (Vol. 6, No. 8):

-ad from Dr. AE Perry of 664 Little Street, LA for "Psychology and Psychoanalysis, A Complete Course by Mail for Chiropractors" (p. 19)

1930 (Dec): *Chirogram* (Vol. 6, No. 10):

-"The **Los Angeles College of Chiropractic** was honored recently by having its newly appointed Dean of Physiotherapy (Dr. Cross) invited to attend the Pacific Conference of the Psychology Foundation, whose headquarters are in Brussels, Belgium" (p. 16); Harold U Cross claims PhD in "Electro-Radiology Certificate Faculty of Medicine, University of Paris (see *Chirogram* 1931 (June); 7(4):7)

1932 (Jan); *CCA Bulletin* (1[4]) reports:

-ad for **Clear View Sanitariums** in LA (15913 S. Western Ave.) and Davenport (p. 15)

1934 (May): *The Chiropractic Journal* (NCA) [3(5)] includes:

-"Our state experiment proved to be a chiropractic achievement!" by George E. Hariman DC of Grand Forks ND; tells of court ordered transport of mental patients from the Jamestown ND State Hospital (by Judge A.W. Ponath of Wahpeton ND) to the Forest Park Sanitarium in Davenport IA for chirocare, apparently with good effect (p. 5)

1935 (July): ad and **photo** for **Grand View Sanitarium** at 1826 Workman Mill Road, Whittier (p. 21)

1935 (Oct): *The Scientific Chiropractor* (Vol. 1, No. 3) lists officers of the NACC: (p. 3)

-**photo** of **Beeman's Chiropractic Sanitarium** at 2751 East Telegraph Road, **Whittier** (p. 18)

-**photos** of **Grand View Sanitarium**, EE Lewarton DC, superintendent (p. 22)

1936 (Jan): *The Chiropractic Journal* (NCA) [5(1)] includes:

-ad for "Chiropractic Sanitarium, (Forest Park)" of Davenport IA where Dr. G. Pothoff is President (p. 33); encourages reader to write for booklet, "What Chiropractic Has Done for Insanity" by Hon. Judge A.W. **Ponath**; includes **photo**:

PHOTOGRAPH



Forest Park Chiropractic Sanitarium, Davenport, Iowa

1936 (Oct): *The Chiropractic Journal* (NCA) [5(10)] includes:

-ad for "Bon-Aire Sanatorium at 216 Travis Building, San Antonio, Texas, where A.A. Nelson DC is president and Annie L. Farmer DC is VP; ad reads:

A Record of Service...

The record of fourteen years of work in our institution justifies our calling your attention to the location and facilities of this institution.

We have withstood the so-called depression and have recently enlarged our institution, by adding twenty rooms.

Our success has been based upon two things; the cooperation of the chiropractors who send us patients and our ability to get those patients well.

Bon-Aire Sanatorium is a general Chiropractic Hospital, taking all cases except contagious and infectious diseases.

One wing of the sanatorium is devoted entirely to the care of patients suffering from Dementia Preacox [sic].



Bon-Aire Sanatorium of San Antonio, Texas

1936 (Sept): *The Chiropractic Journal* (NCA) [5(9)] includes:
 -"Judge Ponath speaks" by Judge A.W. Ponath (pp. 46-7)



Judge A.W. Ponath

1936 (Sept): *The Chiropractic Journal* (NCA) [5(9)] includes:
 -"Let's gain recognition!" by Judge A.W. Ponath (pp. 34, 36)

1937 (July): *The Chiropractic Journal* (NCA) [6(7)] includes:
 -"Want health freedom?" by Judge A.W. Ponath, General Manager of the Health Freedom Association (p. 56)

1937 (Oct): *The Scientific Chiropractor* [3(5)] includes:
 -ad and **photo** for **Grand View Sanitarium** at 1826 Workman Mill Road, Whittier CA; **DR Morris** DC, PhC is superintendent

(**?Tom Morris' son?NO?**), EE Lewarton DC, PhC is Chief of Staff (p. 31)

-ad and **photo** for Dr C **Beeman's Chiropractic Sanitarium** at 1826 Workman Mill Road, Whittier CA; **C Beeman** DC is Chief of Staff (p. 34)

1938 (Aug): *The Scientific Chiropractor* [4(3)] indicates officers of NACC are: (p. 3)

-ad and **photo** of **Grand View Sanitarium** at 1826 Workman Mill Road, **Whittier** CA; DR **Morris** DC is superintendent (**?Tom Morris' son?**); EE Lewarton DC is Chief of Staff and Victor M Trask DO is physician & surgeon; "A CHIROPRACTIC INSTITUTION affording the finest methods and facilities for the care, supervision and treatment of: Nervous, Mental, Alcoholic, and otherwise Incompetent Cases." (p. 11)

1938 (Dec): *The Chiropractic Journal* (NCA) [7(12)] includes:
 -"Health freedom news" by Judge A.W. Ponath (p. 46)

1939 (Jan): *The Chiropractic Journal* (NCA) [8(1)] includes:
 -Indiana state news mentions talk by Judge A.W. Ponath (p. 34)

1939 (Aug): *The Chiropractic Journal* (NCA) [8(8)] includes:
 -MN state news mentions talk by Judge A.W. Ponath (p. 35)

Wheaton FL. Normal nerve function: its important relation to mental state. *National Chiropractic Journal* 1940 (July); 9(7): 9-

1940 (Aug): *The Chiropractic Journal* (NCA) [9(8)] includes:
 -official convention program for NCA, to be held in Minneapolis during July 28-31, includes Judge A.W. Ponath (p. 13)

1943 (Oct): *Simmons Service for Chiropractors* notes mandated care provided by mental patients under court order of Judge A.W. Ponath of Richland County ND (p. 23)

1946 (July): *California Naturopath* [2(7)] reports:
 -**Francis I. Regardie** DC authors "Endopsychic resistance" (pp. 7, 11, 25, 27)

1947 (July): *Journal of the California Chiropractic Association (JCaCA)*, Volume 4, No. 1; **LE Montenegro** DC is on editorial board; this issue includes:

-**FI Regardie** DC of 3923 W 6th St, LA authors "Hypnosis-Science or metaphysics?"; critiques previous **JCaCA** article on hypnosis by Dr J. Haskel Kritzer (pp. 7, 22, 24)

1955: **HCC** "(Hollywood College School of Chiropractic)" publishes *Fait Accompli*, its 1955 Yearbook:

-**Francis I. Regardie** DC, "Practice limited to Psychotherapy of the Neuroses and Psychosomatic Disorders" is located at 3876 W 6th St, LA (p. 61)

1958 (Friday, May 16): graduation exercises conducted for **HCC** at First Congregational Church, Hoover, 6th and Commonwealth, LA ; faculty members includes:

-Lavere H **Latta** BS, DC, Department of Chiro Psychiatry (formerly at **LACC**)

1962 (Mar): **JCaCA** [18(9)] notes:

-"Specific chiropractic psychiatry to be taught at [LACC's] graduate school" (p. 6); instructors, members of the American College of Chiropractic Psychiatrists, include: Francis I. Regardie DC, Dr. Phillip Curucurito, Dr. Thomas Duren, Dr. Frederick Otto and Henry Hill DC

1965 (May): **ACA Journal of Chiropractic** [2(5)] includes:

-Herman S. Schwartz DC of Elmhurst NY, President of the ACA's American Council on Psychotherapy, authors "Psychological factors in diagnosis" (pp. 11-2, 43-4)

1965 (Sept): **ACA Journal of Chiropractic** [2(9)] includes:

-"Mental disease and cervical spine distortions" by Donald B. Mears DC of St. Albans VT (pp. 13-6, 44, 46)

1965 (Dec): **ACA Journal of Chiropractic** [2(12)] includes:

-"The XP (CHI-RHO) Psychological Screening Test" by **W. Heath Quigley**, President of ACA's American Council on Mental Health (pp. 8-10)

1969 (July/Aug): **Digest of Chiropractic Economics** [12(1)] notes:

-"Dr. Herman Schwartz honored" (p. 55):

Dr. **Herman S. Schwartz** of Elmhurst, New York was honored by the Academy of Chiropractic, Inc., in a special "Bouquets to the Living" program during its annual convention, held at the Hotel Commodore, New York on Sunday, June 1st, 1969. A special plaque was presented to him by the president Dr. Stanley Livingstone Riddett and the secretary, Dr. Frank H. Brownley, making him a life time member of the Academy and the Board of Governors, which he served so well for so many years.

Dr. Schwartz has contributed much to the advancement of chiropractic in his fifty years of dedicated service, particularly as founder and long time president of the **National Council on Psychotherapy**, associated with the **NCA** and the **ACA**.

He has been a prolific author, teacher and lecturer, having lectured throughout the country and in Canada. His articles have appeared regularly in national journals and the *Digest of Chiropractic Economics*. He is the author of the important works, *The Art of Relaxation* and *Home Care for the Emotionally Ill*. He is now working on a new book in collaboration with Dr. **W. Heath Quigley**, president, **American Council on Mental Health** to be published under a grant from the **Foundation for Chiropractic Education and Research** of the **ACA**.

The ceremony was an appropriate prelude to the forthcoming 50th anniversary of the Academy, as it marked not only 50 years of practice by Dr. Schwartz but also the celebration of his 50th wedding anniversary.

1970 (Feb): **Chirogram** [37(2)] includes:

-cover is **photo** of **Wolf Adler** DO, DC, ND, LLB; editorial notes (p. 6):

Dr. **Adler** was born February 19, 1899 in New York City. He attended City College of New York for two years, and then went to **Philadelphia School of Osteopathy** where he earned his DO degree.

His chiropractic training was at the **New York College of Chiropractic**, where he earned his DC degree, and later a PhC. Even then, he was not content, and earned the ND degree from the **American School of Naturopathy**. He also holds a Bachelor of Science, and a LLB from the American University.

Dr. **Adler** discovered his great love for teaching quite early in life. His classroom career has taken to the School of Philosophy in New York where he taught Academic Philosophy and to New York's School of Modern Art. Incidentally, he is famous as an atomic illustrator, and uses his talent in teaching anatomy.

He has taught a wide range of subjects in chiropractic schools, including physiology, gross anatomy, dissection, pathology, technic, x-ray, diagnosis, bacteriology and public health.

He has taught in the **New York College of Chiropractic**, the **American School of Chiropractic and Naturopathy**, The **School of Drugless Physicians**, the **Southern California College of Chiropractic** (where he served as Dean), the **Cleveland College of Chiropractic** at Los Angeles, and for the past many years at the **Los Angeles College of Chiropractic**.

He is an author of note, his articles having appeared in "Psychology Magazine," "The Thinker" and in various chiropractic and medical journals....

1973 (Feb): **Chirogram** [40(2)] includes:

-brief history of chiropractic in Japan (pp. 13-4)

-**photo** and obituary for Emile Painton EdD, **LACC** faculty member in psychology for 16 years (p. 18)

Rehm (1980, pp. 314-5) re:

Schwartz, Herman S., D.C. (b. in Russia, July 13, 1894, d. Elmhurst, N.Y., July 1, 1976). A teacher and well-known author, Herman S. Schwartz was a practicing chiropractor for 54 years. He was graduated from the **Carver Chiropractic Institute** in 1922, and maintained his offices in New York City and Elmhurst, N.Y.

As early as 1924, Dr. Schwartz pioneered the concept of utilizing chiropractic for the mentally ill. He organized and chaired the first committee on mental health of the New York State Chiropractic Society and, in 1928, founded the Citizens League for Health Rights. He also founded the Council on Psychotherapy of the National Chiropractic Association in 1950 and, until his death, was a member of the World Federation on Mental Health dating from 1955. In 1968, he was named president emeritus of the Council on Mental Health of the American Chiropractic Association.

Dr. Schwartz penned more than 200 articles for professional journals and authored two books. His texts, *The Art of Relaxation* and *Home Care for the Emotionally Ill*, published in the 1950's, received critical acclaim outside the profession. He also wrote the monograph "Nervous and Mental Illness Under Chiropractic Care," published by the NCA in 1949, and edited *Mental Health and Chiropractic* (Sessions, 1973), which included contributions from several recognized scientists and health professionals.

Dr. Schwartz was a director of the Academy of Chiropractic as well as faculty member at the **Chiropractic Institute of New York**. He was also a member of numerous other professional organizations.

Among his many professional citations were: Fellow of the International College of Chiropractors, Appointment of Merit of

the Academy of Chiropractic, and recognitions conferred by the National Chiropractic Association, American Chiropractic Association, Columbia Institute of Chiropractic, National College of Chiropractic and the New York State Chiropractic Association. He was named an honorary life member of the American Chiropractic Association in 1971, and of the New York State Chiropractic Association in 1973.

The 1958 edition of *Tra-Coil*, the yearbook of the **Chiropractic Institute of New York**, was dedicated to "Dr. Herman S. Schwartz, Teacher, Philosopher and Pioneer." He was also profiled in the inaugural edition of *Who's Who in Chiropractic International*, 1976-78, as a notable pioneer of the profession.

A son, Dr. Edward M. Schwartz, is actively engaged in the profession in Elmhurst, N.Y.

Sourceworks & References:

Goff PJ. Chiropractic treatment of mental illness: a review of theory and practice. *Research Forum* 1987 (Aut); 4(1): 4-10

Quigley WH. Pioneering mental health: institutional chiropractic care. *Chiropractic History* 1983; 3: 68-73

Schiller F. Spinal irritation and osteopathy. *Bulletin of the History of Medicine* 1971; 45: 250-66

Schwartz H. *Mental health and chiropractic: a multi-disciplinary approach*. New York: Sessions Publishers, 1973